

# CROSS-COUNTRY 2019

## 28/04/2019 'Lake Seppings' 2K (2.65 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	12:28		Harrison Campbell	MU13	1	4:42	61.2	2K
2	13:30		Unknown Visitor	M100+	1	5:06	268.3	2K
3	13:32	1	Lillian Molenda	FU9	1	5:06	68.5	2K
4	13:55		Luke Hutton	MU10	1	5:15	61.3	2K
5	14:37	2	Joanna McCleery	F 20	1	5:31	52.7	2K
6	14:55	3	Jasmine Heslop	F40	1	5:38	54.3	2K
7	15:36		Mason Banham	MU6	1	5:53	66.4	2K
8	16:30	4	Amelia Deutschmann	FU12	1	6:14	52.0	2K
9	16:57		Callum Benson	MU7	1	6:24	61.2	2K
10	16:57		Tony Benson	M40	1	6:24	43.2	2K
11	17:49	5	Erin McCahon	FU12	2	6:44	47.9	2K
12	18:11		Mark Banham	M40	2	6:52	40.2	2K
13	18:25	6	Abigail Molenda	FU8	1	6:57	57.7	2K
14	18:53		Brian McCahon	M40	3	7:07	38.3	2K
15	19:52		Ben Hutton	MU8	1	7:30	48.9	2K
16	19:52	7	Taryn Ramsden	F20	2	7:30	38.8	2K
17	20:03	8	Stacey Ruffo	F30	1	7:34	38.9	2K
18	20:04		Daniel Ruffo	M30	1	7:34	34.0	2K
19	20:55	9	Bridget McCahon	F40	2	7:54	38.7	2K
20	22:44	10	Gemma Ellis	F30	2	8:35	34.7	2K
21	24:24		Jack Heslop	MU9	1	9:12	35.8	2K
22	25:52	11	Chanel Middleton	FU6	1	9:46	41.1	2K
23	25:52	12	Donna Middleton	F30	3	9:46	29.8	2K
24	26:17		Bryce Galos	MU8	2	9:55	37.7	2K
25	26:24	13	Natasha Galos	F40	3	9:58	33.6	2K
26	28:03		Henrik Heslop	MU7	2	10:35	37.0	2K
27	29:52		Curtis Benson	MU6	2	11:16	34.7	2K
28	29:55	14	Carla Benson	F40	4	11:17	27.1	2K
29	37:14	15	Maree Medcraft	F40	5	14:03	22.5	2K
30	37:15	16	Trish Koo	F30	4	14:03	21.2	2K
31	38:37	17	Christie Erenshaw	F30	5	14:34	20.1	2K
32	38:38	18	Leonie Taylor	F50	1	14:35	25.6	2K
33	38:39	19	Aishya Mason	F60	1	14:35	28.4	2K

## 28/04/2019 'Lake Seppings' 4K (5.28 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	23:52		Oliver Pass	MU12	1	4:31	71.5	4K
2	24:57		Troy McCahon	MU14	1	4:44	63.8	4K
3	26:57	1	Tammy Stone	F40	1	5:06	63.8	4K
4	28:08		Caleb Benson	MU11	1	5:20	62.5	4K
5	28:10	2	Georgia Whitelaw	FU10	1	5:20	67.6	4K
6	29:20		Ian Dougan	M60	1	5:33	63.4	4K
7	30:06	3	Sam Hulm	F40	2	5:42	58.9	4K
8	30:07	4	Joslyn Pass	F30	1	5:42	54.9	4K
9	31:31		Noah Ruffo	MU12	2	5:58	52.9	4K
10	31:51		Ken Willis	M30	1	6:02	46.4	4K
11	39:41	5	Ashleigh Tomasetig	F30	2	7:31	41.6	4K

12	44:13		Keith Lindesay	M70	1	8:22	45.0	4K
13	44:36	6	Jen Bristow	F40	3	8:27	40.3	4K
14	48:32	7	Whitney Weaver	F40	4	9:12	38.8	4K
15	48:33	8	Karen Douglas	F60	1	9:12	45.2	4K
16	50:18		Mark Weaver	M50	1	9:32	34.3	4K
17	53:11		Craig Shiel	M60	2	10:04	35.2	4K

### 28/04/2019 'Lake Seppings' 6K (7.91 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	32:37		Matt Hutton	M30	1	4:07	69.0	6K
2	32:49		Barend Joubert	M40	1	4:09	74.2	6K
3	33:09		Carl Heslop	M30	2	4:11	67.6	6K
4	34:46		Collin Pass	M30	3	4:24	65.0	6K
5	36:01	1	Kate Pritchett	F30	1	4:33	70.5	6K
6	39:00		Richard Wrightson	M40	2	4:56	62.4	6K
7	39:12		Chris Langslow	M50	1	4:57	67.4	6K
8	39:30	2	Andrea Campbell	F40	1	4:60	70.4	6K
9	42:41		Jeff Douglas	M50	2	5:24	64.0	6K
10	47:42		George du Toit	M50	3	6:02	57.0	6K
11	47:49	3	Stephanie Lindesay	F60	1	6:03	73.9	6K
12	47:54	4	Jo Grace	F50	1	6:03	61.7	6K
13	48:36	5	Sophie Osburn	F50	2	6:09	59.4	6K
14	55:22	6	Kelly Waterhouse	F40	2	6:60	47.0	6K

### 5/05/2019 'Lake Seppings' 2K (2.65 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	11:15		Collin Pass	M30	1	4:15	61.5	2K
2	11:18		Oliver Pass	MU12	1	4:16	70.9	2K
3	11:19		Charlie Hick	MU11	1	4:16	72.6	2K
4	11:34		Harrison Campbell	MU13	1	4:22	65.9	2K
5	12:19		Jorden Berkelaor	MU10	1	4:39	67.7	2K
6	12:35		Nick Roecker	MU16	1	4:45	57.5	2K
7	12:40		Adam Thomson	MU12	2	4:47	62.9	2K
8	12:47		Miles Deutschmann	MU9	1	4:49	69.3	2K
9	13:32		Billy Hick	MU9	2	5:06	65.7	2K
10	13:32	1	Lillian Molenda	FU9	1	5:06	68.5	2K
11	13:58		Tyler Ravenhill	MU8	1	5:16	68.5	2K
12	14:18		Lucas Ravenhill	MU15	1	5:24	52.0	2K
13	14:21	2	Joanna McCleery	F20	1	5:25	53.7	2K
14	14:34		Coby Ravenhill	MU11	2	5:30	56.3	2K
15	14:50		Brian Deutschmann	M50	1	5:36	54.0	2K
16	14:58	3	Jasmine Heslop	F40	1	5:39	54.1	2K
17	15:11		Stuart Walker	M50	2	5:44	53.1	2K
18	15:40	4	Taliah Bennett-Norman	FU10	1	5:55	57.9	2K
19	15:45		Zaiden Wyatt	MU7	1	5:57	65.8	2K
20	15:51		Luke Thomson	MU8	2	5:59	58.1	2K
21	15:56		Matthew Thomson	M40	1	6:01	47.4	2K
22	16:02		Callum Benson	MU8	3	6:03	64.6	2K
23	16:03	5	Saffron Collins	FU9	2	6:03	57.9	2K
24	16:04		Tony Benson	M40	2	6:04	45.6	2K
25	16:04		Andrew Collins	M40	3	6:04	47.1	2K
26	14:10		Luke Hutton	MU10	2	5:21	60.3	2K
27	17:33	6	Stacey Ruffo	F30	1	6:38	44.4	2K
28	17:34		Daniel Ruffo	M30	2	6:38	38.8	2K
29	17:47	7	Scarlett Swain	FU13	1	6:43	47.6	2K
30	17:47	8	Harriet Swain	FU10	2	6:43	50.7	2K
31	17:48	9	Jayne Wholagan	F40	2	6:43	49.0	2K

32	17:49		Michael Swain	M40	4	6:43	43.0	2K
33	17:53		Bevan Ravenhill	M40	5	6:45	40.7	2K
34	18:59		Ben Hutton	MU8	4	7:10	51.0	2K
35	19:02	10	Abbie Cameron	FU8	1	7:11	54.0	2K
36	19:57	11	Molly Stan-Bishop	FU7	1	7:32	53.3	2K
37	19:58		Christopher Stan-Bishop	M30	3	7:32	34.3	2K
38	19:59	12	Billie Wheeler	FU8	2	7:32	52.7	2K
39	19:59	13	Gemma Ellis	F30	2	7:33	39.4	2K
40	21:55	14	Indi Davey	FU7	2	8:16	48.5	2K
41	21:56	15	Lily Shanks	FU14	1	8:16	37.6	2K
42	25:45	16	Roz Wheeler	F40	3	9:43	31.5	2K
43	25:45		Sol Wheeler	MU6	1	9:43	40.2	2K
44	25:46	17	Abigail Molenda	FU8	3	9:44	41.1	2K
45	25:47	18	Amber Bennett	F20	2	9:44	29.9	2K
46	25:49		Curtis Benson	MU6	2	9:44	40.2	2K
47	25:56	19	Carla Benson	F40	4	9:47	31.3	2K
48	26:20	20	Tia Whyatt	FU9	3	9:56	35.3	2K
49	26:21	21	Shenae Howarth	F20	3	9:57	29.3	2K
50	26:39	22	Sarah Hutton	F30	3	10:03	29.4	2K
51	37:52	23	Christie Erenshaw	F30	4	14:17	20.5	2K
52	37:53	24	Leonie Taylor	F50	1	14:18	26.1	2K

### 5/05/2019 'Lake Seppings' 4K (5.28 km)

Place	Time	Female		Name	Age Cat	Cat		WAVA %	Event
		Place				Place	Km Pace		
1	23:04			Michael Swain	M40	1	4:22	70.8	4K
2	23:38			Aaron Scullard	M30	1	4:29	61.7	4K
3	24:37			Dale Cameron	M50	1	4:40	68.3	4K
4	26:46			Caleb Benson	MU11	1	5:04	65.6	4K
5	28:44			Christopher Stan-Bishop	M30	2	5:26	50.7	4K
6	29:51	1		Georgia Whitelaw	FU10	1	5:39	63.8	4K
7	29:52			Mitchell Eley	MU10	1	5:39	61.0	4K
8	32:28	2		Corinne Stoner	F50	1	6:09	59.5	4K
9	32:30	3		Dora Adeline	F40	1	6:09	54.4	4K
10	32:31			Jamie Scally	M40	2	6:10	49.0	4K
11	32:51	4		Rebecca Ravenhill	F30	1	6:13	51.8	4K
12	42:25	5		Emily Shiel	F40	2	8:02	41.2	4K
13	42:25	6		Caroline Evans	F60	1	8:02	54.0	4K
14	42:25	7		Karen Douglas	F60	2	8:02	51.8	4K
15	49:31			Craig Shiel	M60	1	9:23	37.8	4K

### 5/05/2019 'Lake Seppings' 6K (7.91 km)

Place	Time	Female		Name	Age Cat	Cat		WAVA %	Event
		Place				Place	Km Pace		
1	31:08			Matt Hutton	M30	1	3:56	72.3	6K
2	38:00			Richard Wrightson	M40	1	4:48	64.1	6K
3	38:30			Chris Langslow	M50	1	4:52	68.7	6K
4	39:09	1		Dinah Roecker	F40	1	4:57	71.7	6K
5	41:47			Jeff Douglas	M50	2	5:17	65.4	6K
6	47:03			Ken Willis	M30	2	5:57	48.1	6K
7	47:16			George du Toit	M50	3	5:58	57.5	6K
8	47:35			Steve Williams	M30	3	6:01	46.6	6K
9	47:36			Ian Dougan	M60	1	6:01	59.9	6K
10	48:28	2		Jo Grace	F50	1	6:08	61.0	6K
11	50:49	3		Sophie Osburn	F50	2	6:25	56.8	6K
12	50:53			Paul O'Meehan	M50	4	6:26	53.3	6K

### 12/05/2019 'Lake Seppings' 2K (2.65 km)

Place	Time	Female		Name	Age Cat	Cat		WAVA %	Event
		Place				Place	Km Pace		
1	9:52			Collin Pass	M30	1	3:43	70.2	2K
2	11:16			Charlie Hick	MU11	1	4:15	72.9	2K
3	11:21			Lorcan Contier	MU10	1	4:17	74.0	2K
4	12:45			Jorden Berkelaor	MU10	2	4:49	65.3	2K
5	12:56			Miles Deutschmann	MU9	1	4:53	68.4	2K

6	13:01	1	Lillian Molenda	FU9	1	4:55	71.1	2K
7	13:11		Coby Ravenhill	MU11	2	4:59	62.2	2K
8	13:23		Billy Hick	MU9	2	5:03	66.4	2K
9	13:24	2	Freya Bowyer	FU10	1	5:03	66.9	2K
10	13:24	3	Joanna McCleery	F20	1	5:03	57.5	2K
11	13:58		Adam Thomson	MU12	1	5:16	57.0	2K
12	14:24		Luke Hutton	MU10	3	5:26	59.2	2K
13	14:35	4	Taliah Bennett-Norman	FU10	2	5:30	62.2	2K
14	15:01		Tyler Ravenhill	MU8	1	5:40	63.5	2K
15	15:12	5	Saffron Collins	FU9	2	5:44	61.1	2K
16	15:14		Andrew Collins	M40	1	5:45	49.7	2K
17	15:36		Ken Willis	M30	2	5:53	44.5	2K
18	15:38	6	Lucy Thomson	FU11	1	5:54	56.7	2K
19	15:48		Callum Benson	MU8	2	5:58	65.4	2K
20	15:55		Tony Benson	M40	2	6:01	46.0	2K
21	16:01		Seumas Contier	MU7	1	6:03	64.7	2K
22	16:04	7	Cathie Contier	F30	1	6:04	50.2	2K
23	16:09		Brian McCahon	M40	3	6:06	44.8	2K
24	16:58	8	Erin McCahon	FU12	1	6:24	50.3	2K
25	17:36		Mason Banham	MU6	1	6:39	58.9	2K
26	17:40		Mark Banham	M40	4	6:40	41.4	2K
27	17:52	9	Jenny Grandidge	F30	2	6:45	43.4	2K
28	18:58	10	Scarlett Swain	FU13	1	7:09	44.6	2K
29	19:12	11	Gemma Ellis	F30	3	7:15	41.1	2K
30	19:49	12	Harriet Swain	FU10	3	7:29	45.5	2K
31	19:57	13	Amber Bennett	F20	2	7:32	38.6	2K
32	20:49		Daniel Ruffo	M30	3	7:51	32.8	2K
33	20:49	14	Stacey Ruffo	F30	4	7:51	37.5	2K
34	20:51		Henrik Heslop	MU7	2	7:52	49.7	2K
35	20:57	15	Abigail Molenda	FU8	1	7:54	50.5	2K
36	21:25	16	Bridget McCahon	F40	1	8:05	37.8	2K
37	21:43	17	Chanel Middleton	FU6	1	8:12	48.9	2K
38	21:45	18	Donna Middleton	F30	5	8:13	35.5	2K
39	22:10		Max Bowyer	MU8	3	8:22	43.7	2K
40	22:11		Ben Hutton	MU8	4	8:22	43.6	2K
41	22:19	19	Meagan Diver	F30	6	8:25	35.8	2K
42	22:36		Curtis Benson	MU6	2	8:32	45.9	2K
43	22:38	20	Carla Benson	F40	2	8:32	35.9	2K
44	22:41	21	Sarah Hutton	F30	7	8:34	34.5	2K
45	23:15		Jack Heslop	MU9	3	8:46	37.5	2K
46	25:36	22	Billie Wheeler	FU8	2	9:39	41.1	2K
47	25:37	23	Roz Wheeler	F40	3	9:40	31.7	2K
48	28:20	24	Dawn Holmes	F70	1	10:42	44.7	2K
49	31:31		Geoff Holmes	M70	1	11:53	30.6	2K
50	35:23		Alex Khoo	MU7	3	13:21	29.3	2K
51	35:27	25	Trish Khoo	F30	8	13:23	22.3	2K
52	35:53	26	Leonie Taylor	F50	1	13:32	27.6	2K
53	35:54	27	Christie Erenshaw	F30	9	13:33	21.7	2K
54	45:16		Sol Wheeler	MU6	3	17:05	22.9	2K
55	45:17		Adam Wheeler	M40	5	17:05	16.3	2K

### 12/05/2019 'Lake Seppings' 4K (5.28 km)

Place	Time	Female Place	Name	Age	Cat		WAVA		Event
				Cat	Place	Km Pace	%		
1	22:33		Michael Swain	M40	1	4:16	72.4	4K	
2	23:47		Aaron Scullard	M30	1	4:30	61.3	4K	
3	24:51		Troy McCahon	MU14	1	4:42	64.0	4K	
4	26:53		Mitchell Eley	MU10	1	5:06	67.7	4K	
5	27:04		Caleb Benson	MU11	1	5:08	64.9	4K	
6	27:34	1	Georgia Whitelaw	FU10	1	5:13	69.1	4K	
7	27:44		Jesiah Bresanello	MU10	2	5:15	65.6	4K	
8	27:54		Joe Clark-Murphy	M70	1	5:17	72.9	4K	
9	29:20		Mark Byrnes	M50	1	5:33	59.2	4K	
10	30:18		Brian Deutschmann	M50	2	5:44	56.3	4K	
11	30:59	2	Kate Vandenberg	F30	1	5:52	53.7	4K	

12	33:29		Mal Ellis	M40	2	6:20	45.7	4K
13	35:33	3	Grace Byrnes	F40	1	6:44	49.9	4K
14	42:38	4	Emily Shiel	F40	2	8:04	41.0	4K
15	44:48	5	Berni Scott	F50	1	8:29	46.8	4K
16	44:48	6	Caroline Evans	F60	1	8:29	51.1	4K
17	48:07	7	Whitney Weaver	F40	3	9:07	39.1	4K
18	48:08	8	Karen Douglas	F60	2	9:07	45.6	4K
19	48:09		Mark Weaver	M50	3	9:07	35.8	4K
20	48:19		Craig Shiel	M60	1	9:09	38.8	4K

### 12/05/2019 'Lake Seppings' 6K (7.91 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	30:39		Matt Hutton	M30	1	3:52	73.5	6K
2	36:11		Deon Utber	M40	1	4:34	68.2	6K
3	37:19		John Stoner	M50	1	4:43	70.7	6K
4	37:27		Chris Langslow	M50	2	4:44	70.6	6K
5	38:35	1	Dinah Roecker	F40	1	4:53	72.8	6K

### 19/05/2019 'Denmark WOW' 2K (2.5 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	8:50		Adam Thomson	MU12	1	3:32	97.6	2K
2	9:02		Unknown Visitor	M100+	1	3:37	434.8	2K
3	9:16		Charlie Hick	MU11	1	3:42	96.2	2K
4	9:39		Lucas Ravenhill	MU15	1	3:52	83.4	2K
5	10:26	1	Lillian Molenda	FU9	1	4:10	96.3	2K
6	10:38	2	Joanna McCleery	F20	1	4:15	78.6	2K
7	10:44		Coby Ravenhill	MU11	2	4:18	82.7	2K
8	10:54		Billy Hick	MU9	1	4:22	88.3	2K
9	11:02	3	Jasmine Heslop	F40	1	4:25	79.5	2K
10	12:08	4	Taliah Bennett-Norman	FU10	1	4:51	81.0	2K
11	12:32	5	Sophie Millar	F30	1	5:01	67.4	2K
12	12:39		Seumas Contier	MU7	1	5:04	88.8	2K
13	12:50	6	Millie Wilkes	FU8	1	5:08	84.8	2K
14	12:59		Unknown Visitor	M100+	2	5:12	302.3	2K
15	13:14	7	Abigail Molenda	FU8	2	5:18	86.5	2K
16	13:17		Tim Yap	M30	1	5:19	56.3	2K
17	13:17	8	Jenny Grandidge	F30	2	5:19	63.3	2K
18	13:45	9	Rebecca Ravenhill	F30	3	5:30	63.5	2K
19	14:13		Unknown Visitor	M100+	3	5:41	276.1	2K
20	14:17		Unknown Visitor	M100+	4	5:43	274.9	2K
21	14:27		Luke Molenda	MU6	1	5:47	77.8	2K
22	14:31		Henrik Heslop	MU7	2	5:49	77.4	2K
23	14:34		Casey Molenda	M30	2	5:50	53.2	2K
24	14:55	10	Amber Bennett	F20	2	5:58	56.0	2K
25	15:03		Unknown Visitor	M100+	5	6:01	260.9	2K
26	15:27		Unknown Visitor	M100+	6	6:11	254.1	2K
27	15:31		Damien Yarran	M40	1	6:12	51.3	2K
28	15:59		Unknown Visitor	M100+	7	6:24	245.6	2K
29	16:13		Unknown Visitor	M100+	8	6:29	242.0	2K
30	16:48	11	Meagan Diver	F30	4	6:43	51.6	2K
31	17:00		Unknown Visitor	M100+	9	6:48	230.8	2K
32	17:30	12	Karen Douglas	F60	1	7:00	65.5	2K
33	18:07		Unknown Visitor	M100+	10	7:15	216.7	2K
34	19:59		Geoff Holmes	M70	1	7:60	52.3	2K
35	21:29	13	Stella Hick	FU7	1	8:36	53.6	2K
36	22:05	14	Dawn Holmes	F70	1	8:50	62.1	2K
37	25:29	15	Christie Erenshaw	F30	5	10:12	33.1	2K
38	25:30	16	Leonie Taylor	F50	1	10:12	42.0	2K

### 19/05/2019 'Denmark WOW' 4K (5 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	23:55		Lorcan Contier	MU10	1	4:47	81.2	4K

2	26:36		Alan Miller	M30	1	5:19	60.3	4K
3	28:18		Unknown Visitor	M100+	1	5:40	296.3	4K
4	28:32		Unknown Visitor	M100+	2	5:42	294.0	4K
5	31:10		Unknown Visitor	M100+	3	6:14	269.1	4K
6	41:04		Unknown Visitor	M100+	4	8:13	204.3	4K
7	41:13	1	Emily Shiel	F40	1	8:15	46.0	4K
8	41:15		Damien Yarran	M40	1	8:15	41.2	4K
9	42:13		Unknown Visitor	M100+	5	8:27	198.7	4K
10	43:05		Keith Lindesay	M70	1	8:37	50.2	4K
11	45:51		Craig Shiel	M60	1	9:10	44.5	4K
12	50:44	2	Caroline Evans	F60	1	10:09	49.0	4K
13	50:45	3	Karen Douglas	F60	2	10:09	47.0	4K

### 19/05/2019 'Denmark WOW' 6K (10 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	43:26		Barend Joubert	M40	1	4:21	82.3	6K
2	44:23		Carl Heslop	M30	1	4:26	74.1	6K
3	45:22		Collin Pass	M30	2	4:32	73.1	6K
4	48:33		Steve Williams	M30	3	4:51	67.2	6K
5	49:53		Unknown Visitor	M100+	1	4:59	348.9	6K
6	51:29		Chris Langslow	M50	1	5:09	75.6	6K
7	51:34		Neil Ferreira	M30	2	5:09	66.5	6K
8	55:57		Jeff Douglas	M50	2	5:36	71.9	6K
9	56:13		Joe Clark-Murphy	M70	1	5:37	81.6	6K
10	58:22		Dan Smith	M60	1	5:50	74.8	6K
11	59:32	1	Stephanie Lindesay	F60	1	5:57	87.1	6K
12	1:00:19		Ian Dougan	M60	2	6:02	69.6	6K
13	1:02:12	2	Cathie Contier	F30	1	6:13	61.0	6K
14	1:27:02	3	Jenny Bristow	F40	1	8:42	46.0	6K
15	1:27:03	4	Sam Hulm	F40	2	8:42	45.3	6K

### 26/05/2019 'Bathgate Farm' 2K (2.6 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	11:56		Charlie Hick	MU11	1	4:35	70.9	2K
2	12:51		Billy Hick	MU9	1	4:57	71.1	2K
3	13:34		Miles Deutschmann	MU9	2	5:13	67.1	2K
4	13:45	1	Lillian Molenda	FU9	1	5:17	69.3	2K
5	13:54		Mitchell Cameron	MU12	1	5:21	57.8	2K
6	14:17		Edmund Toomey	MU9	3	5:29	63.4	2K
7	14:18	2	Joanna McCleery	F20	1	5:30	55.5	2K
8	14:48		Luke Hutton	MU10	1	5:42	59.3	2K
9	14:52	3	Jasmine Heslop	F40	1	5:43	56.1	2K
10	15:01	4	Saffron Collins	FU9	2	5:47	63.7	2K
11	15:17		Unknown Visitor	M100+	1	5:53	244.1	2K
12	15:21	5	Taliah Bennett-Norman	FU10	1	5:54	60.8	2K
13	15:43		Brian McCahon	M40	1	6:03	47.4	2K
14	16:57		David Clark	M40	2	6:31	43.6	2K
15	17:22		Callum Benson	MU8	1	6:41	61.0	2K
16	17:23	6	Carla Benson	F40	2	6:41	48.1	2K
17	17:43		Daniel Ruffo	M30	1	6:49	39.7	2K
18	18:37	7	Sophia Riddle	FU10	2	7:10	50.4	2K
19	19:00	8	Sophie Millar	F30	1	7:19	42.3	2K
20	19:01		Mason Banham	MU6	1	7:19	56.2	2K
21	19:03		Mark Banham	M40	3	7:20	39.6	2K
22	19:08		Luke Molenda	MU6	2	7:22	55.8	2K
23	19:34	9	Abigail Molenda	FU8	1	7:31	55.5	2K
24	19:35		Casey Molenda	M30	2	7:32	37.6	2K
25	19:51	10	Amber Bennett	F20	2	7:38	40.0	2K
26	21:22		Henrik Heslop	MU7	1	8:13	50.0	2K
27	21:29	11	Gemma Ellis	F30	2	8:16	37.8	2K
28	21:42	12	Ruth Toomey	FU6	1	8:21	50.5	2K
29	21:44	13	Bridget McCahon	F40	3	8:22	38.4	2K
30	22:02		Jack Heslop	MU9	4	8:28	40.7	2K

31	22:56		Ben Hutton	MU8	2	8:49	43.1	2K
32	23:36	14	Meagan Diver	F30	3	9:05	34.9	2K
33	23:54	15	Donna Middleton	F30	4	9:12	33.2	2K
34	24:19	16	Chanel Middleton	FU6	2	9:21	45.0	2K
35	25:47	17	Sarah Hutton	F30	5	9:55	31.3	2K
36	28:45		Geoff Holmes	M70	1	11:04	34.6	2K
37	28:48		John Bocian	M60	1	11:04	32.6	2K
38	37:33	18	Leonie Taylor	F50	1	14:27	27.1	2K
39	37:40	19	Christie Erenshaw	F30	6	14:29	21.3	2K

### 26/05/2019 'Bathgate Farm' 4K (3.8 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	19:08		Oliver Pass	MU12	1	5:02	65.8	4K
2	19:33		Troy McCahon	MU14	1	5:09	60.1	4K
3	20:00		Caleb Benson	MU11	1	5:16	64.8	4K
4	21:19		Mitchell Eley	MU10	1	5:37	63.1	4K
5	23:45	1	Georgia Whitelaw	FU10	1	6:15	59.1	4K
6	26:45		Colin Ferreira	MU12	2	7:02	47.1	4K
7	28:49		Mal Ellis	M40	1	7:35	39.2	4K
8	35:40	2	Emily Shiel	F40	1	9:23	36.5	4K
9	35:41	3	Grace Byrnes	F40	2	9:23	37.2	4K
10	36:12		Keith Lindesay	M70	1	9:32	40.6	4K
11	40:56		Craig Shiel	M60	1	10:46	33.8	4K

### 26/05/2019 'Bathgate Farm' 6K (6.1 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	26:30		Collin Pass	M30	1	4:21	70.0	6K
2	26:36		Matt Hutton	M30	2	4:22	69.5	6K
3	26:38		Barend Joubert	M40	1	4:22	75.1	6K
4	27:11		Carl Heslop	M30	3	4:27	67.7	6K
5	28:53		Michael Ferreira	MU20	1	4:44	64.8	6K
6	29:12		John Toomey	M40	2	4:47	68.6	6K
7	30:55		Chris Langslow	M50	1	5:04	70.2	6K
8	31:34	1	Dinah Roecker	F40	1	5:11	73.5	6K
9	32:27		Neil Ferreira	M30	4	5:19	59.1	6K
10	35:20		Richard Wrightson	M40	3	5:47	56.7	6K
11	41:03	2	Stephanie Lindesay	F60	1	6:44	71.1	6K
12	41:49		Mark Byrnes	M50	2	6:51	52.2	6K
13	43:02		George du Toit	M50	3	7:03	51.9	6K
14	46:11	3	Corinne Stoner	F50	1	7:34	52.5	6K
15	46:12		Dan Smith	M60	1	7:34	52.7	6K
16	50:42	4	Trish Khoo	F30	1	8:19	41.5	6K

### 9/06/2019 'Bathgate Farm' 2K (2.6 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	12:32		Adam Thomson	MU12	1	4:49	65.3	2K
2	12:48		Billy Hick	MU9	1	4:55	71.3	2K
3	14:24		Edmund Toomey	MU9	2	5:32	62.8	2K
4	14:25	1	Lillian Molenda	FU9	1	5:33	66.0	2K
5	14:31		Dan Smith	M60	1	5:35	64.5	2K
6	14:31	2	Jasmine Heslop	F40	1	5:35	57.5	2K
7	16:07		Callum Benson	MU8	1	6:12	65.3	2K
8	16:45	3	Abigail Molenda	FU8	1	6:27	64.5	2K
9	16:55		Luke Molenda	MU6	1	6:30	63.1	2K
10	16:60		Casey Molenda	M30	1	6:32	43.4	2K
11	17:13	4	Carla Benson	F40	2	6:37	48.6	2K
12	20:02		Henrik Heslop	MU7	1	7:42	53.3	2K
13	20:16	5	Gemma Ellis	F30	1	7:48	40.1	2K
14	21:10	6	Meagan Diver	F30	2	8:08	39.0	2K
15	22:11		Oliver Mitchell	MU6	2	8:32	48.1	2K
16	22:11	7	Mirelle Mitchell	F30	3	8:32	36.6	2K
17	22:16		Sol Wheeler	MU6	3	8:34	47.9	2K

18	22:18	8	Roz Wheeler	F40	3	8:35	37.5	2K
19	22:57		Jack Heslop	MU9	3	8:49	39.0	2K
20	22:59	9	Billie Wheeler	FU8	2	8:50	46.7	2K
21	23:07		Curtis Benson	MU6	4	8:54	46.2	2K
22	37:59	10	Leonie Taylor	F50	1	14:37	26.8	2K
23	38:36	11	Christie Erenshaw	F30	4	14:51	20.7	2K

### 9/06/2019 'Bathgate Farm' 4K (3.8 km)

Place	Time	Female		Name	Age	Cat	Km Pace	WAVA	Event
		Place			Cat	Place		%	
1	21:19			Charlie Hick	MU11	1	5:36	60.6	4K
2	21:32			Caleb Benson	MU11	2	5:40	60.1	4K
3	26:11			Mal Ellis	M40	1	6:53	43.2	4K
4	27:51	1		Grace Byrnes	F40	1	7:20	47.7	4K
5	28:10	2		Amanda Nitschke	F50	1	7:25	55.6	4K
6	36:09			Keith Lindesay	M70	1	9:31	40.7	4K
7	46:08			Basil Worner	M80	1	12:08	48.3	4K

### 9/06/2019 'Bathgate Farm' 6K (6.1 km)

Place	Time	Female		Name	Age	Cat	Km Pace	WAVA	Event
		Place			Cat	Place		%	
1	25:20			Carl Heslop	M30	1	4:09	72.6	6K
2	27:24			Collin Pass	M30	2	4:30	67.7	6K
3	29:54			John Toomey	M40	1	4:54	67.0	6K
4	38:33			Mark Byrnes	M50	1	6:19	56.7	6K
5	38:40	1		Stephanie Lindesay	F60	1	6:20	75.6	6K
6	40:46	2		Alison Lee	F50	1	6:41	61.7	6K
7	41:07	3		Jo Grace	F50	2	6:44	59.4	6K
8	41:08			George du Toit	M50	2	6:45	54.3	6K
9	46:54	4		Caroline Evans	F60	2	7:41	61.3	6K

### 16/06/2019 'Bathgate Farm' 2K (2.6 km)

Place	Time	Female		Name	Age	Cat	Km Pace	WAVA	Event
		Place			Cat	Place		%	
1	13:15			Billy Hick	MU9	1	5:06	68.8	2K
2	13:30	1		Lillian Molenda	FU9	1	5:12	70.4	2K
3	13:35			Dan Smith	M60	1	5:13	68.9	2K
4	14:31			Edmund Toomey	MU9	2	5:35	62.2	2K
5	15:39	2		Saffron Collins	FU9	2	6:01	61.0	2K
6	16:29			Callum Benson	MU8	1	6:20	63.7	2K
7	16:39			Henrik Heslop	MU7	1	6:24	64.1	2K
8	16:40	3		Carla Benson	F40	1	6:25	50.2	2K
9	16:42			Tony Benson	M40	1	6:25	45.2	2K
10	16:43	4		Erin McCahon	FU12	1	6:26	52.5	2K
11	18:30			Daniel Ruffo	M30	1	7:07	38.0	2K
12	18:58	5		Stacey Ruffo	F30	1	7:18	42.4	2K
13	19:26	6		Gemma Ellis	F30	2	7:28	41.8	2K
14	21:22	7		Bridget McCahon	F40	2	8:13	39.1	2K
15	21:23			Brian McCahon	M40	2	8:13	34.9	2K
16	21:36			Jack Heslop	MU9	3	8:18	41.4	2K
17	23:20			Curtis Benson	MU6	1	8:58	45.8	2K
18	23:35	8		Ruth Toomey	FU6	1	9:04	46.4	2K
19	37:00	9		Leonie Taylor	F50	1	14:14	27.6	2K
20	38:28	10		Christie Erenshaw	F30	3	14:48	20.8	2K

### 16/06/2019 'Bathgate Farm' 4K (3.8 km)

Place	Time	Female		Name	Age	Cat	Km Pace	WAVA	Event
		Place			Cat	Place		%	
1	18:59			Charlie Hick	MU11	1	4:60	68.0	4K
2	19:00			Troy McCahon	MU14	1	5:00	61.7	4K
3	23:38			Caleb Benson	MU11	2	6:13	54.8	4K
4	23:39	1		Georgia Whitelaw	FU11	1	6:13	59.2	4K
5	24:29			Ken Willis	M30	1	6:27	44.6	4K
6	24:47			Brian Deutschmann	M50	1	6:31	50.9	4K
7	25:25			Mal Ellis	M40	1	6:41	44.5	4K



8	30:19		Colin Ferreira	MU12	1	7:59	41.5	4K
9	33:38	2	Kelly Waterhouse	F40	1	8:51	37.9	4K
10	35:47		Keith Lindesay	M70	1	9:25	41.1	4K
11	36:46		Andrew Arnatt	M20	1	9:41	29.0	4K
12	36:47	3	Grace Byrnes	F40	2	9:41	36.1	4K
13	36:51	4	Rebecca Gardiner	F20	1	9:42	33.0	4K
14	49:03		Basil Worner	M80	1	12:54	45.4	4K
15	49:05		Craig Shiel	M60	1	12:55	28.3	4K

### 16/06/2019 'Bathgate Farm' 6K (6.1 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	25:46		Collin Pass	M30	1	4:13	72.0	6K
2	26:11		Carl Heslop	M30	2	4:18	70.3	6K
3	27:55		Barend Joubert	M40	1	4:35	71.7	6K
4	30:32		John Toomey	M40	2	5:00	65.6	6K
5	33:38		Neil Ferreira	M40	3	5:31	57.0	6K
6	39:49	1	Stephanie Lindesay	F60	1	6:32	73.4	6K
7	45:11	2	Caroline Evans	F60	2	7:24	63.6	6K

### 23/06/2019 'Granite Heights' 2K (2.22 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	10:39		Billy Hick	MU9	1	4:48	66.4	2K
2	10:57	1	Lillian Molenda	FU9	1	4:56	67.3	2K
3	11:11		Miles Deutschmann	MU9	2	5:02	63.0	2K
4	11:23		Brian Deutschmann	M50	1	5:08	56.4	2K
5	12:25		Luke Thomson	MU8	1	5:36	58.0	2K
6	13:36		Callum Benson	MU8	2	6:08	59.8	2K
7	13:37	2	Carla Benson	F40	1	6:08	47.8	2K
8	14:57	3	Abigail Molenda	FU8	1	6:44	55.7	2K
9	15:53	4	Gemma Ellis	F30	1	7:09	39.7	2K
10	18:02		Luke Molenda	MU6	1	8:07	46.0	2K
11	18:42	5	Meagan Diver	F30	2	8:25	34.3	2K
12	20:33		Oliver Mitchell	MU6	2	9:15	40.3	2K
13	20:35	6	Mirelle Mitchell	F30	3	9:16	30.7	2K
14	22:30		Curtis Benson	MU6	3	10:08	36.9	2K

### 23/06/2019 'Granite Heights' 4K (4.03 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	18:07		Oliver Pass	MU12	1	4:30	69.9	4K
2	18:39		Adam Thomson	MU12	2	4:38	67.6	4K
3	19:57		Caleb Benson	MU11	1	4:57	65.4	4K
4	21:06	1	Georgia Whitelaw	FU11	1	5:14	66.9	4K
5	21:08		Jorden Berkelaor	MU10	1	5:15	62.4	4K
6	23:58		Mal Ellis	M40	1	5:57	47.6	4K
7	28:35	2	Caroline Evans	F60	1	7:06	61.2	4K
8	31:35	3	Emily Shiel	F40	1	7:50	41.7	4K
9	36:49		Craig Shiel	M60	1	9:08	38.0	4K
10	41:36		Unknown Visitor	M100+	1	10:19	138.3	4K
11	48:22		Josh Beamish	MU7	1	12:00	34.0	4K
12	48:54		Matt Beamish	M30	1	12:08	23.1	4K
13	58:44	4	Beth Wallace	F50	1	14:34	25.1	4K

### 23/06/2019 'Mountain Goat' (12.5 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	59:49		Collin Pass	M30	1	4:47	63.4	Mt Goat
2	1:05:21		Aaron Scullard	M30	2	5:14	57.5	Mt Goat
3	1:10:15		Bill Irving	M40	1	5:37	57.2	Mt Goat
4	1:12:29	1	Shona Hardy	F20	1	5:48	57.8	Mt Goat
5	1:12:30	2	Caroline Warr	F20	2	5:48	57.8	Mt Goat
6	1:12:51		David Ward	M50	1	5:50	58.4	Mt Goat
7	1:15:36		Paul Burnie	M40	2	6:03	52.3	Mt Goat

8	1:16:46	3	Jo Grace	F50	1	6:09	64.6	Mt Goat
9	1:16:49		Rhett Bull	M30	3	6:09	49.4	Mt Goat
10	1:28:55	4	Alison Lee	F50	2	7:07	57.4	Mt Goat
11	1:29:05	5	Penny Simpson	F40	1	7:08	52.5	Mt Goat
12	1:30:46	6	Sam Hulm	F40	2	7:16	49.7	Mt Goat
13	1:30:47	7	Joslyn Pass	F30	1	7:16	46.3	Mt Goat
14	1:31:01	8	Trish Hoare	F40	3	7:17	49.8	Mt Goat

### 30/06/2019 'Granite Heights' 2K (2.22 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	9:17		Oliver Pass	MU12	1	4:11	68.6	2K
2	10:04		Adam Thomson	MU12	2	4:32	63.0	2K
3	10:14		Jorden Berkelaor	MU10	1	4:37	64.8	2K
4	10:30		Billy Hick	MU9	1	4:44	67.4	2K
5	10:40		Miles Deutschmann	MU9	2	4:48	66.0	2K
6	10:42	1	Lillian Molenda	FU9	1	4:49	68.8	2K
7	11:33	2	Joanna McCleery	F20	1	5:12	53.3	2K
8	12:36		William Zarzabek	MU10	2	5:41	53.5	2K
9	12:37		Brian McCahon	M40	1	5:41	45.9	2K
10	13:36		Callum Benson	MU8	1	6:08	59.6	2K
11	13:39		Tony Benson	M40	2	6:09	43.0	2K
12	14:07		Luke Molenda	MU6	1	6:21	58.8	2K
13	14:07		Casey Molenda	M40	3	6:22	40.5	2K
14	14:21	3	Stacey Ruffo	F30	1	6:28	43.5	2K
15	14:22		Daniel Ruffo	M30	1	6:28	38.0	2K
16	14:58	4	Kristine Deutschmann	F40	1	6:45	48.4	2K
17	15:38	5	Gemma Ellis	F30	2	7:03	40.4	2K
18	17:18	6	Abigail Molenda	FU8	1	7:47	48.1	2K
19	17:19	7	Meagan Diver	F30	3	7:48	37.0	2K
20	18:02	8	Andrea Hearn	F40	2	8:07	37.0	2K
21	18:37		Curtis Benson	MU6	2	8:23	44.5	2K
22	24:09		Luke Thomson	MU8	2	10:53	29.7	2K
23	24:32	9	Anna Thomson	FU7	1	11:03	34.6	2K

### 30/06/2019 'Granite Heights' 4K (4.03 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	18:16		Troy McCahon	MU14	1	4:32	64.7	4K
2	20:30		Caleb Benson	MU11	1	5:05	63.6	4K
3	20:35	1	Piper Scorza	FU12	1	5:06	66.6	4K
4	21:04	2	Georgia Whitelaw	FU11	1	5:14	67.0	4K
5	22:24		Brian Deutschmann	M50	1	5:33	56.9	4K
6	23:50		Mal Ellis	M40	1	5:55	47.9	4K
7	25:18	3	Carla Benson	F40	1	6:17	50.8	4K
8	25:57	4	Grace Byrnes	F40	2	6:26	51.7	4K
9	25:58		Andrew Arnatt	M20	1	6:27	41.4	4K
10	30:51	5	Rebecca Gardiner	F20	1	7:39	39.8	4K
11	35:04		Craig Shiel	M60	1	8:42	39.9	4K
12	40:09		Basil Worner	M80	1	9:58	56.1	4K
13	30:49	6	Emily Shiel	F40	3	7:39	42.7	4K

### 30/06/2019 'Granite Heights' 6K (5.85 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	34:29		Mark Byrnes	M50	1	5:54	56.4	6K
2	39:23	1	Penny Simpson	F40	1	6:44	52.2	6K
3	39:26	2	Caroline Evans	F60	1	6:44	65.0	6K

### 30/06/2019 'Granite Heights' Fry Super Goat (18.5 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	1:37:26		Barend Joubert	M40	1	5:16	69.9	Fry Super Goat
2	1:40:27		Collin Pass	M30	1	5:26	62.8	Fry Super Goat
3	1:52:10		Aaron Scullard	M30	2	6:04	55.9	Fry Super Goat

4	1:53:37		Deon Utber	M40	2	6:09	60.8	Fry Super Goat
5	2:09:40		Bill Irving	M40	3	7:01	51.5	Fry Super Goat
6	2:09:41	1	Sam Hulm	F40	1	7:01	58.5	Fry Super Goat
7	2:16:52	2	Joslyn Pass	F30	1	7:24	50.9	Fry Super Goat
8	2:16:53	3	Charmaine Brown	F30	2	7:24	52.7	Fry Super Goat
9	2:30:02	4	Alison Lee	F50	1	8:07	57.5	Fry Super Goat
10	2:44:19	5	Mary Holt	F30	3	8:53	43.1	Fry Super Goat

### 14/07/2019 'Mt Adelaide' 2K (2.66 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	16:41		Mark Weaver	M50	1	7:31	38.9	2K
2	19:23	1	Gemma Ellis	F30	1	8:44	32.6	2K
3	19:41	2	Nicole Deegan	F40	1	8:52	33.6	2K
4	19:42		Quade Deegan	MU8	1	8:52	40.5	2K
5	22:56	3	Billie Wheeler	FU8	1	10:20	35.8	2K
6	22:57		Lorenzo Holmes	MU9	1	10:20	30.6	2K
7	22:57		Gianluca Holmes	MU10	1	10:20	29.0	2K
8	23:56	4	Roz Wheeler	F40	2	10:47	27.2	2K
9	28:16		Geoff Holmes	M70	1	12:44	27.4	2K
10	32:41		Sol Wheeler	MU6	1	14:43	25.4	2K
11	32:60	5	Dawn Holmes	F70	1	14:52	30.8	2K

### 14/07/2019 'Mt Adelaide' 4K (4.49 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	21:53		Oliver Pass	MU12	1	5:26	57.8	4K
2	23:53		Caleb Benson	MU11	1	5:55	54.6	4K
3	28:25		Jorden Berkelaor	MU10	1	7:03	46.3	4K
4	29:09	1	Georgia Whitelaw	FU11	1	7:14	48.4	4K
5	29:13	2	Carla Benson	F40	1	7:15	44.0	4K
6	29:27		Mal Ellis	M40	1	7:19	38.8	4K
7	30:07	3	Bree Davy	FU20	1	7:28	41.0	4K
8	30:51		Jeff Douglas	M50	1	7:39	43.2	4K
9	35:14		John Bocian	M60	1	8:44	41.1	4K
10	36:03	4	Emily Shiel	F40	2	8:57	36.5	4K
11	40:41		Keith Lindesay	M70	1	10:06	36.5	4K
12	41:33		Craig Shiel	M60	2	10:19	33.7	4K
13	46:41	5	Karen Douglas	F60	1	11:35	35.9	4K
14	46:41	6	Whitney Weaver	F50	1	11:35	30.6	4K
15	51:13		Basil Worner	M80	1	12:42	44.1	4K

### 14/07/2019 'Mt Adelaide' 6K (7.1 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	31:43		Collin Pass	M30	1	5:25	52.1	6K
2	33:13		Barend Joubert	M40	1	5:41	53.7	6K
3	36:12	1	Dinah Roecker	F40	1	6:11	57.2	6K
4	48:19	2	Stephanie Lindesay	F60	1	8:15	54.0	6K

### 21/07/2019 'Mt Adelaide' 2K (2.66 km)

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	13:20		Coby Ravenhill	MU11	1	6:00	48.9	2K
2	13:42		Tyler Ravenhill	MU8	1	6:10	54.1	2K
3	14:55		Noah Ruffo	MU13	1	6:43	41.7	2K
4	22:09	1	Gemma Ellis	F30	1	9:58	28.5	2K
5	23:26		Quade Deegan	MU8	2	10:34	33.9	2K
6	23:35	2	Nicole Deegan	F40	1	10:37	28.0	2K
7	24:34		Luke Thomson	MU9	1	11:04	29.0	2K
8	24:36	3	Leanne Thomson	F40	2	11:05	28.8	2K
9	25:06		Callum Benson	MU8	3	11:19	32.0	2K
10	25:15		Tony Benson	M40	1	11:22	23.2	2K
11	26:36		Curtis Benson	MU6	1	11:59	31.2	2K
12	27:08		Geoff Holmes	M70	1	12:13	28.5	2K

**21/07/2019 'Mt Adelaide' 4K (4.99 km)**

<b>Place</b>	<b>Time</b>	<b>Female Place</b>	<b>Name</b>	<b>Age Cat</b>	<b>Cat Place</b>	<b>Km Pace</b>	<b>WAVA %</b>	<b>Event</b>
1	21:56		Oliver Pass	MU12	1	5:27	57.6	4K
2	21:58		Caleb Benson	MU11	1	5:27	59.3	4K
3	23:46		Jorden Berkelaor	MU11	2	5:54	55.3	4K
4	24:33		Adam Thomson	MU12	2	6:06	51.2	4K
5	26:48	1	Georgia Whitelaw	FU11	1	6:39	52.6	4K
6	27:56		Jeff Douglas	M50	1	6:56	47.7	4K
7	28:32		Mark Weaver	M50	2	7:05	45.2	4K
8	29:38	2	Carla Benson	F40	1	7:21	43.4	4K
9	33:58		John Bocian	M60	1	8:26	42.6	4K
10	36:04	3	Emily Shiel	F40	2	8:57	36.5	4K
11	37:29	4	Berni Scott	F50	1	9:18	42.7	4K
12	40:10		Keith Lindesay	M70	1	9:58	37.0	4K
13	44:38	5	Whitney Weaver	F50	2	11:05	32.0	4K
14	44:41	6	Karen Douglas	F60	1	11:05	37.5	4K
15	48:27	7	Stephanie Lindesay	F60	2	12:01	36.8	4K
16	59:39		Craig Shiel	M60	2	14:48	23.5	4K
17	59:47		Basil Worner	M80	1	14:50	37.8	4K