

**21/07/2019 'Mt Adelaide' 2K (2.66 km)**

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	13:20		Coby Ravenhill	MU11	1	6:00	48.9	2K
2	13:42		Tyler Ravenhill	MU8	1	6:10	54.1	2K
3	14:55		Noah Ruffo	MU13	1	6:43	41.7	2K
4	22:09	1	Gemma Ellis	F30	1	9:58	28.5	2K
5	23:26		Quade Deegan	MU8	2	10:34	33.9	2K
6	23:35	2	Nicole Deegan	F40	1	10:37	28.0	2K
7	24:34		Luke Thomson	MU9	1	11:04	29.0	2K
8	24:36	3	Leanne Thomson	F40	2	11:05	28.8	2K
9	25:06		Callum Benson	MU8	3	11:19	32.0	2K
10	25:15		Tony Benson	M40	1	11:22	23.2	2K
11	26:36		Curtis Benson	MU6	1	11:59	31.2	2K
12	27:08		Geoff Holmes	M70	1	12:13	28.5	2K

**21/07/2019 'Mt Adelaide' 4K (4.99 km)**

Place	Time	Female Place	Name	Age Cat	Cat Place	Km Pace	WAVA %	Event
1	21:56		Oliver Pass	MU12	1	5:27	57.6	4K
2	21:58		Caleb Benson	MU11	1	5:27	59.3	4K
3	23:46		Jorden Berkelaor	MU11	2	5:54	55.3	4K
4	24:33		Adam Thomson	MU12	2	6:06	51.2	4K
5	26:48	1	Georgia Whitelaw	FU11	1	6:39	52.6	4K
6	27:56		Jeff Douglas	M50	1	6:56	47.7	4K
7	28:32		Mark Weaver	M50	2	7:05	45.2	4K
8	29:38	2	Carla Benson	F40	1	7:21	43.4	4K
9	33:58		John Bocian	M60	1	8:26	42.6	4K
10	36:04	3	Emily Shiel	F40	2	8:57	36.5	4K
11	37:29	4	Berni Scott	F50	1	9:18	42.7	4K
12	40:10		Keith Lindesay	M70	1	9:58	37.0	4K
13	44:38	5	Whitney Weaver	F50	2	11:05	32.0	4K
14	44:41	6	Karen Douglas	F60	1	11:05	37.5	4K
15	48:27	7	Stephanie Lindesay	F60	2	12:01	36.8	4K
16	59:39		Craig Shiel	M60	2	14:48	23.5	4K
17	59:47		Basil Worner	M80	1	14:50	37.8	4K