

ALBANY ATHLETICS CLUB TRACK FIELD 2016/17

Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Mem	Rec
19/10/2016	Carl Heslop	0.00:10.81		60m	31	M	59.11	Y	
19/10/2016	Michael Bocian	0.00:08.96		60m	19	M	73.21	N	
19/10/2016	Cyprian Rogozinski	0.00:09.44		60m	14	M	73.62	N	
19/10/2016	Sue Hicks	0.00:16.59		60m	51	F	48.73	Y	
19/10/2016	Craig Robson	0.00:09.22		60m	32	M	69.31	Y	
19/10/2016	Dan Smith	0.00:13.68		60m	65	M	58.40	Y	
19/10/2016	Carey Dickason	0.00:16.11		60m	65	F	57.41	Y	
19/10/2016	Michael Bocian	0.01:27.62		400m	19	M	49.83	N	
19/10/2016	Cyprian Rogozinski	0.01:60.80		400m	14	M	39.04	N	
19/10/2016	Carl Heslop	0.01:09.91		400m	31	M	61.77	Y	
19/10/2016	Dan Smith	0.01:18.22		400m	65	M	69.74	Y	Rec
19/10/2016	Carey Dickason	0.01:54.49		400m	65	F	58.20	Y	
19/10/2016	Carl Heslop	0.08:03.95		2km	31	M	58.80	Y	
19/10/2016	Dan Smith	0.08:33.45		2km	65	M	71.72	Y	
19/10/2016	Cyprian Rogozinski	0.08:23.31		2km	14	M	61.89	N	
19/10/2016	John Bocian	0.11:24.18		2km	65	M	53.82	Y	
19/10/2016	Carey Dickason	0.11:01.10		2km	65	F	71.10	Y	
19/10/2016	Simon Fretton	0.10:29.91		2km	60	M	55.90	N	
19/10/2016	Ian Dougan	0.09:45.95		2km	61	M	60.63	Y	
26/10/2016	Craig Robson	0.00:30.85		200m	32	M	63.39	Y	
26/10/2016	Steven Robson	0.00:32.19		200m	25	M	60.02	N	
26/10/2016	Michael Bocian	0.00:31.00		200m	19	M	63.00	N	
26/10/2016	Carl Heslop	0.00:29.74		200m	31	M	65.23	Y	
26/10/2016	Cyprian Rogozinski	0.00:42.18		200m	14	M	50.19	N	
26/10/2016	Peter Muller	0.00:52.49		200m	77	M	54.96	Y	
26/10/2016	Steve Williams	0.00:54.00		200m	28	M	35.78	N	
26/10/2016	John Bocian	0.07:52.39		1500m	66	M	57.17	Y	
26/10/2016	Carl Heslop	0.05:23.94		1500m	31	M	63.84	Y	
26/10/2016	Cyprian Rogozinski	0.05:53.16		1500m	14	M	64.10	N	
26/10/2016	Sue Hicks	0.08:29.09		1500m	51	F	55.04	Y	
26/10/2016	John Dickason	0.07:34.71		1500m	65	M	58.85	Y	
26/10/2016	Kath Hannig	0.09:35.80		1500m	75	F	70.42	Y	Rec
26/10/2016	Michael Bocian	0.07:40.61		1500m	19	M	45.64	N	
26/10/2016	Steve Williams	0.05:29.87		1500m	28	M	62.39	N	
26/10/2016	Craig Robson		32.34	Javelin	32	M	33.39	Y	
26/10/2016	Peter Muller		17.62	Javelin	77	M	38.27	Y	
26/10/2016	Cyprian Rogozinski		16.69	Javelin	14	M	24.99	N	
26/10/2016	Carl Heslop		19.72	Javelin	31	M	20.19	Y	
26/10/2016	Steven Robson		29.87	Javelin	25	M	30.33	N	
2/11/2016	Christie Erenshaw		4.00	Discus F36	31	F	21.93	Y	
2/11/2016	Carl Heslop		17.28	Discus	31	M	23.33	Y	
2/11/2016	Lorna England		16.55	Discus	56	F	31.54	N	
2/11/2016	John Dickason		23.14	Discus	65	M	39.09	Y	
2/11/2016	Craig Robson		22.44	Discus	32	M	30.29	Y	
2/11/2016	Steven Robson		17.21	Discus	25	M	23.23	N	
2/11/2016	Peter Muller		22.38	Discus	77	M	52.07	Y	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Mem	Rec
2/11/2016	Steven Robson		8.45	TripleJump	25	M	46.20	N	
2/11/2016	Craig Robson		7.82	TripleJump	32	M	42.97	Y	
2/11/2016	Carl Heslop		8.63	TripleJump	31	M	47.30	Y	
2/11/2016	John Bocian		6.41	TripleJump	66	M	54.09	Y	
2/11/2016	Michael Bocian	0.00:15.23		100m	19	M	65.47	N	
2/11/2016	Christie Erenshaw	0.00:44.30		100m T36	31	F	54.46	Y	
2/11/2016	Carl Heslop	0.00:14.45		100m	31	M	67.75	Y	
2/11/2016	Steven Robson	0.00:15.58		100m	25	M	62.84	N	
2/11/2016	Craig Robson	0.00:14.80		100m	32	M	66.15	Y	
2/11/2016	Carl Heslop	0.02:35.94		800m	31	M	64.84	Y	
2/11/2016	John Bocian	0.04:44.75		800m	66	M	46.57	Y	
2/11/2016	Nigel England	0.02:45.05		800m	53	M	72.25	N	
2/11/2016	Steven Robson	0.03:12.07		800m	25	M	52.64	N	
2/11/2016	Nigel England	0.11:36.00		3km	53	M	74.06	N	
2/11/2016	Carl Heslop	0.11:26.00		3km	31	M	64.45	Y	
2/11/2016	Michael Bocian	0.16:08.00		3km	19	M	46.43	N	
2/11/2016	Simon Fretton	0.14:40.00		3km	60	M	62.17	Y	
2/11/2016	John Dickason	0.16:09.00		3km	65	M	59.04	Y	
17/11/2016	Barbara Wilson		7.11	Shotput	65	F	58.89	Y	
17/11/2016	Barbara Wilson		2.80	LongJump	65	F	59.14	Y	
23/11/2016	Dan Smith	0.25:17.00		5km	65	M	64.88	Y	
23/11/2016	Ian Dougan	0.25:34.00		5km	61	M	61.90	Y	
23/11/2016	Dan Smith	0.00:34.43		200m	65	M	72.01	Y	
23/11/2016	Jac Coe	0.00:29.04		200m	15	M	71.45	N	
23/11/2016	Jac Coe		1.46	HighJump	15	M	64.36	N	
30/11/2016	Christie Erenshaw	0.04:20.00		400m T36	31	F	48.08	Y	
30/11/2016	Carl Heslop	0.03:26.00		800m	31	M	49.08	Y	
30/11/2016	Michael Bocian	0.03:20.00		800m	19	M	51.39	N	
30/11/2016	Craig Robson	0.03:57.00		800m	32	M	42.66	Y	
30/11/2016	Dan Smith	0.02:54.62		800m	65	M	75.15	Y	
30/11/2016	Craig Robson		23.98	Discus	32	M	32.37	Y	
30/11/2016	Michael Bocian		16.67	Discus	19	M	24.85	N	
30/11/2016	Christie Erenshaw		4.75	Discus F36	31	F	26.04	Y	
30/11/2016	Carl Heslop		16.54	Discus	31	M	22.33	Y	
1/12/2016	Barbara Wilson		16.26	Discus	65	F	37.84	Y	
1/12/2016	Barbara Wilson		6.15	TripleJump	65	F	64.67	Y	
7/12/2016	Christie Erenshaw		2.32	Shotput F36	31	F	49.05	Y	
7/12/2016	Sue Hicks		4.92	Shotput	51	F	30.69	Y	
7/12/2016	Carey Dickason		5.43	Shotput	65	F	44.98	Y	
7/12/2016	John Dickason		7.27	Shotput	65	M	46.28	Y	
7/12/2016	Dan Smith		7.90	Shotput	65	M	50.29	Y	
7/12/2016	Carl Heslop		6.55	Shotput	31	M	28.33	Y	
7/12/2016	Carl Heslop		3.81	LongJump	31	M	42.99	Y	
7/12/2016	Sue Hicks		2.44	LongJump	51	F	41.36	Y	
7/12/2016	Carey Dickason		2.23	LongJump	65	F	47.10	Y	
7/12/2016	Dan Smith		3.80	LongJump	65	M	66.11	Y	Eq Rec

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Mem	Rec
7/12/2016	Carl Heslop	0.08:02.05		2km	31	M	59.03	Y	
7/12/2016	Michael Bocian	0.10:30.63		2km	19	M	45.87	N	
7/12/2016	Dan Smith	0.08:45.53		2km	65	M	70.07	Y	
7/12/2016	Ian Dougan	0.09:35.32		2km	61	M	61.75	Y	
7/12/2016	John Dickason	0.10:41.32		2km	65	M	57.42	Y	
7/12/2016	Sue Hicks	0.11:55.52		2km	51	F	53.83	Y	
7/12/2016	John Bocian	0.10:20.29		2km	66	M	59.92	Y	
7/12/2016	Carl Heslop	0.00:14.05		60m	31	M	45.48	Y	
7/12/2016	Michael Bocian	0.00:09.07		60m	19	M	72.33	N	
7/12/2016	Dan Smith	0.00:00.99		60m	65	M	12.44	Y	
7/12/2016	Carey Dickason	0.00:13.39		60m	65	F	69.07	Y	
7/12/2016	Christie Erenshaw	0.00:27.20		60m T36	31	F	52.08	Y	
7/12/2016	Michael Bocian	0.00:01.28		400m	19	M	2.93	N	
7/12/2016	Carl Heslop	0.00:01.07		400m	31	M	2.48	Y	
7/12/2016	Dan Smith	0.00:01.18		400m	65	M	2.16	Y	
7/12/2016	Carey Dickason	0.02:01.00		400m	65	F	55.07	Y	
14/12/2016	Craig Robson	0.00:14.02		100yds	32	M	69.83	Y	
14/12/2016	Carl Heslop	0.00:13.75		100yds	31	M	71.20	Y	
14/12/2016	Dan Smith	0.00:14.82		100yds	65	M	81.38	Y	IRec
14/12/2016	Brenda Painter	0.00:17.78		100yds	72	F	85.63	Y	
14/12/2016	Carey Dickason	0.00:21.48		100yds	65	F	66.04	Y	
14/12/2016	Christie Erenshaw	0.00:45.32		100yds T36	31	F	53.23	Y	
14/12/2016	Brenda Painter	0.00:48.37		200m	72	F	65.54	Y	
14/12/2016	Carey Dickason	0.00:50.73		200m	65	F	58.59	Y	
14/12/2016	Craig Robson	0.00:34.80		200m	32	M	56.20	Y	
14/12/2016	Christie Erenshaw		2.34	Javelin F36	31	F	16.73	Y	
14/12/2016	Craig Robson		33.10	Javelin	32	M	34.18	Y	
14/12/2016	Carey Dickason		11.72	Javelin	65	F	31.40	Y	
14/12/2016	Dan Smith		14.86	Javelin	65	M	24.89	Y	
14/12/2016	Brenda Painter		10.84	Javelin	72	F	34.92	Y	
14/12/2016	Carl Heslop		27.58	Javelin	31	M	28.24	Y	
14/12/2016	Sue Hicks		10.09	Javelin	51	F	19.31	Y	
14/12/2016	Carl Heslop	0.05:32.99		1Mile	31	M	67.17	Y	
14/12/2016	Dan Smith	0.06:16.17		1Mile	65	M	76.94	Y	Rec
14/12/2016	John Dickason	0.08:10.34		1Mile	66	M	59.58	Y	
14/12/2016	Carey Dickason	0.08:53.21		1Mile	65	F	69.28	Y	Rec
14/12/2016	Sue Hicks	0.09:16.80		1Mile	51	F	54.38	Y	
4/01/2016	Simon Fretton	0.06:57.74		1500m	60	M	61.25	Y	
4/01/2016	Carey Dickason	0.08:29.04		1500m	64	F	66.11	Y	
4/01/2016	Carey Dickason		5.48	TripleJump	64	F	56.61	Y	
4/01/2016	Dan Smith		7.84	TripleJump	65	M	65.06	Y	
4/01/2016	Carey Dickason	0.00:23.55		100m	64	F	59.67	Y	
4/01/2016	Christie Erenshaw	0.00:49.94		100m T36	30	F	46.05	Y	
4/01/2016	Carey Dickason	0.04:08.50		800m	64	F	63.52	Y	Rec
4/01/2016	Craig Robson		22.73	Discus	31	M	30.68	Y	
4/01/2016	Carey Dickason		14.19	Discus	64	F	32.24	Y	
4/01/2016	Dan Smith		22.28	Discus	65	M	37.64	Y	
4/01/2016	Peter Muller		20.61	Discus	77	M	47.95	Y	
4/01/2016	Christie Erenshaw		5.61	Discus F36	30	F	28.79	Y	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Mem	Rec
11/01/2017	Sabriel Denehy		6.14	Shotput	13	F	40.10	Y	
11/01/2017	Christie Erenshaw		2.64	Shotput F36	31	F	55.81	Y	
11/01/2017	Craig Robson		6.90	Shotput	32	M	29.84	Y	
11/01/2017	Dan Smith		7.75	Shotput	66	M	50.96	Y	
11/01/2017	John Dickason		7.95	Shotput	66	M	52.27	Y	
11/01/2017	Michael Bocian		4.21	LongJump	19	M	48.53	N	
11/01/2017	Craig Robson		3.78	LongJump	32	M	43.07	Y	
11/01/2017	Dan Smith		3.61	LongJump	66	M	63.83	Y	
11/01/2017	Sabriel Denehy		3.22	LongJump	13	F	54.76	Y	
11/01/2017	Michael Bocian	0.00:08.70		60m	19	M	75.40	N	
11/01/2017	Craig Robson	0.00:09.14		60m	32	M	69.91	Y	
11/01/2017	Dan Smith	0.00:11.78		60m	66	M	68.24	Y	
11/01/2017	Christie Erenshaw	0.00:28.19		60m	31	F	24.55	Y	
11/01/2017	Sabriel Denehy	0.00:09.70		60m	13	F	75.30	Y	Rec
11/01/2017	Sabriel Denehy	0.01:35.24		400m	13	F	56.57	Y	
11/01/2017	Dan Smith	0.01:35.62		400m	66	M	57.92	Y	
11/01/2017	Paul Blechynden	0.11:47.50		3km	48	M	69.97	Y	
11/01/2017	Dan Smith	0.12:49.08		3km	66	M	75.08	Y	
11/01/2017	Sabriel Denehy	0.12:55.00		3km	13	F	69.82	Y	
11/01/2017	John Bocian	0.15:33.20		3km	66	M	61.88	Y	
11/01/2017	John Dickason	0.16:03.18		3km	66	M	59.95	Y	
11/01/2017	Michael Bocian	0.17:15.25		3km	19	M	43.41	N	
18/01/2017	Michael Bocian		18.40	Javelin	19	M	19.71	Y	
18/01/2017	Christie Erenshaw		4.28	Javelin F36	31	F	30.59	Y	
18/01/2017	Craig Robson		32.38	Javelin	32	M	33.44	Y	
18/01/2017	Sue Hicks		8.16	Javelin	51	F	15.62	Y	
18/01/2017	Carey Dickason		12.45	Javelin	65	F	33.36	Y	
18/01/2017	Dan Smith	0.17:58.20		4km	66	M	72.79	Y	
18/01/2017	John Dickason	0.21:48.40		4km	66	M	59.98	Y	
18/01/2017	Carey Dickason	0.22:48.43		4km	65	F	71.95	Y	Rec
18/01/2017	Dan Smith	0.00:36.24		200m	66	M	68.95	Y	
18/01/2017	Michael Bocian	0.00:30.20		200m	19	M	64.67	Y	
18/01/2017	Carey Dickason	0.00:52.24		200m	65	F	56.89	Y	
18/01/2017	Christie Erenshaw	0.01:49.54		200m T36	31	F	49.81	Y	
18/01/2017	Carey Dickason		0.95	HighJump	65	F	70.30	Y	
18/01/2017	Dan Smith		1.25	HighJump	66	M	75.51	Y	
18/01/2017	Craig Robson		1.30	HighJump	32	M	54.45	Y	
25/01/2017	Dan Smith	0.03:02.32		800m	66	M	72.74	Y	
25/01/2017	Sabriel Denehy	0.03:27.27		800m	13	F	60.30	Y	
25/01/2017	Carey Dickason	0.04:09.14		800m	65	F	64.70	Y	
25/01/2017	Michael Bocian	0.00:14.58		100m	19	M	68.38	Y	
25/01/2017	Craig Robson	0.00:15.13		100m	32	M	64.71	Y	
25/01/2017	Dan Smith	0.00:15.51		100m	66	M	78.22	Y	Rec
25/01/2017	Sabriel Denehy	0.00:17.71		100m	13	F	63.77	Y	
25/01/2017	Brenda Painter	0.00:20.44		100m	72	F	74.49	Y	
25/01/2017	Christie Erenshaw	0.00:50.25		100m T36	31	F	48.01	Y	
25/01/2017	Sabriel Denehy		7.93	TripleJump	13	F	65.32	Y	
25/01/2017	Michael Bocian		9.25	TripleJump	19	M	52.23	Y	
25/01/2017	Craig Robson		8.02	TripleJump	32	M	44.07	Y	
25/01/2017	Carey Dickason		5.51	TripleJump	65	F	57.94	Y	
25/01/2017	Brenda Painter		5.44	TripleJump	72	F	65.15	Y	
25/01/2017	Dan Smith		8.30	TripleJump	66	M	70.04	Y	Rec

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25/01/2017	Craig Robson		23.19	Discus	32	M	31.30	Y	
25/01/2017	Christie Erenshaw		4.71	Discus F36	31	F	25.82	Y	
25/01/2017	Sabriel Denehy		10.09	Discus	13	F	17.99	Y	
25/01/2017	Carey Dickason		12.71	Discus	65	F	29.58	Y	
25/01/2017	John Dickason		21.22	Discus	66	M	36.68	Y	
25/01/2017	Dan Smith		17.83	Discus	66	M	30.82	Y	
25/01/2017	Brenda Painter		9.25	Discus	72	F	26.00	Y	
25/01/2017	Dan Smith	0.22:10.75		5km	66	M	74.65	Y	
25/01/2017	John Dickason	0.26:58.59		5km	66	M	61.38	Y	
25/01/2017	Michael Bocian	0.27:35.68		5km	19	M	46.70	Y	
25/01/2017	Carey Dickason	0.27:42.12		5km	65	F	74.64	Y	Rec
1/02/2017	Sabriel Denehy		3.48	LongJump	13	F	59.18	Y	
1/02/2017	Michael Bocian		4.16	LongJump	19	M	47.96	Y	
1/02/2017	Craig Robson		3.76	LongJump	32	M	42.84	Y	
1/02/2017	Dan Smith		3.61	LongJump	66	M	63.83	Y	
1/02/2017	Brenda Painter		2.32	LongJump	72	F	55.90	Y	
1/02/2017	Carl Heslop		3.67	LongJump	31	M	41.41	Y	
1/02/2017	Christie Erenshaw		2.58	Shotput F36	31	F	54.55	Y	
1/02/2017	Adele Leahy		6.58	Shotput	36	F	31.33	N	
1/02/2017	Craig Robson		7.22	Shotput	32	M	31.23	Y	
1/02/2017	Carey Dickason		5.16	Shotput	65	F	42.74	Y	
1/02/2017	Craig Shiel		9.29	Shotput	62	M	54.00	N	
1/02/2017	John Dickason		7.29	Shotput	66	M	47.93	Y	
1/02/2017	Dan Smith		7.84	Shotput	66	M	51.55	Y	
1/02/2017	Brenda Painter		5.26	Shotput	72	F	52.08	Y	
1/02/2017	Christie Erenshaw	0.00:29.97		60m T36	31	F	47.27	Y	
1/02/2017	Craig Robson	0.00:09.18		60m	32	M	69.61	Y	
1/02/2017	Michael Bocian	0.00:08.82		60m	19	M	74.38	Y	
1/02/2017	Dan Smith	0.00:09.84		60m	66	M	81.69	Y	
1/02/2017	Carl Heslop	0.00:09.54		60m	31	M	66.98	Y	
1/02/2017	Brenda Painter	0.00:11.70		60m	72	F	84.69	Y	
1/02/2017	Sabriel Denehy	0.00:10.10		60m	13	F	72.32	Y	
1/02/2017	Carl Heslop	0.01:07.08		400m	31	M	64.37	Y	
1/02/2017	Sabriel Denehy	0.01:21.55		400m	13	F	66.07	Y	
1/02/2017	Dan Smith	0.01:22.68		400m	66	M	66.98	Y	
1/02/2017	Brenda Painter	0.02:33.11		400m	72	F	49.21	Y	IRec
1/02/2017	Carl Heslop	0.41:59.65		10km	31	M	63.01	Y	
1/02/2017	Dan Smith	0.46:25.69		10km	66	M	74.43	Y	
1/02/2017	Joe Clark-Murphy	0.47:03.60		10km	70	M	76.45	Y	IRec
1/02/2017	Bill Irving	0.49:39.74		10km	40	M	56.10	N	
1/02/2017	Ian Dougan	0.49:46.65		10km	62	M	66.95	Y	
8/02/2017	Sabriel Denehy		12.50	Javelin	13	F	29.19	Y	
8/02/2017	Christie Erenshaw		3.63	Javelin F36	31	F	25.95	Y	
8/02/2017	Craig Robson		30.29	Javelin	32	M	31.28	Y	
8/02/2017	Carey Dickason		11.60	Javelin	65	F	31.08	Y	
8/02/2017	Craig Shiel		23.99	Javelin	62	M	37.60	N	
8/02/2017	Michael Bocian		16.69	Javelin	19	M	17.88	Y	
8/02/2017	Dan Smith		17.97	Javelin	66	M	30.80	Y	
8/02/2017	Carl Heslop		23.24	Javelin	31	M	23.80	Y	
8/02/2017	Dan Smith		1.15	HighJump	66	M	69.47	Y	
8/02/2017	Craig Robson		1.30	HighJump	32	M	54.45	Y	
8/02/2017	Carl Heslop		1.20	HighJump	31	M	49.81	Y	
8/02/2017	Dan Smith	0.00:34.18		200m	66	M	73.10	Y	
8/02/2017	Carl Heslop	0.00:29.98		200m	31	M	64.71	Y	
8/02/2017	Craig Robson	0.00:33.52		200m	32	M	58.34	Y	
8/02/2017	Michael Bocian	0.00:30.66		200m	19	M	63.70	Y	
8/02/2017	Sabriel Denehy	0.00:36.26		200m	13	F	64.68	Y	
8/02/2017	Christie Erenshaw	0.01:59.16		200m T36	31	F	45.79	Y	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Mem	Rec
8/02/2017	Carl Heslop	0.05:20.56		1500m	31	M	64.51	Y	
8/02/2017	Dan Smith	0.05:54.30		1500m	66	M	76.23	Y	
8/02/2017	Sabriel Denehy	0.06:00.20		1500m	13	F	69.65	Y	
8/02/2017	Joe Clark-Murphy	0.06:02.25		1500m	70	M	77.62	Y	Rec
8/02/2017	Mark Hills	0.06:21.05		1500m	37	F	62.89	Y	
8/02/2017	Michael Bocian	0.07:22.76		1500m	19	M	47.48	Y	
8/02/2017	John Bocian	0.07:31.89		1500m	66	M	59.77	Y	
8/02/2017	John Dickason	0.08:01.62		1500m	66	M	56.08	Y	
8/02/2017	Craig Shiel	0.11:18.74		1500m	62	M	38.37	N	
15/02/2017	Carl Heslop	0.07:23.48		2km	31	M	64.17	Y	
15/02/2017	Dan Smith	0.08:32.88		2km	66	M	72.46	Y	
15/02/2017	Michael Bocian	0.09:40.17		2km	19	M	49.86	Y	
15/02/2017	John Dickason	0.10:40.70		2km	66	M	58.01	Y	
15/02/2017	Carey Dickason	0.11:15.05		2km	65	F	69.63	Y	Rec
15/02/2017	Craig Robson	0.00:15.10		100m	32	M	64.83	Y	
15/02/2017	Michael Bocian	0.00:41.50		100m	19	M	24.03	Y	
15/02/2017	Carl Heslop	0.00:14.68		100m	31	M	66.69	Y	
15/02/2017	Dan Smith	0.00:18.82		100m	66	M	64.46	Y	
15/02/2017	Brenda Painter	0.00:19.76		100m	72	F	77.05	Y	
15/02/2017	Carey Dickason	0.00:23.30		100m	65	F	60.88	Y	
15/02/2017	Christie Erenshaw	0.00:51.64		100m T36	31	F	46.72	Y	
15/02/2017	Carl Heslop	0.02:32.48		800m	31	M	66.31	Y	
15/02/2017	Carey Dickason	0.04:08.82		800m	65	F	64.78	Y	
15/02/2017	Craig Robson		22.42	Discus	32	M	30.26	Y	
15/02/2017	Annetta Ninnette		14.64	Discus	54	F	26.82	N	Vis
15/02/2017	Craig Shiel		26.79	Discus	62	M	42.35	Y	
15/02/2017	Carey Dickason		14.09	Discus	65	F	32.79	Y	
15/02/2017	John Dickason		20.45	Discus	66	M	35.35	Y	
15/02/2017	Dan Smith		22.20	Discus	66	M	38.38	Y	
15/02/2017	Brenda Painter		9.37	Discus	72	F	26.34	Y	
15/02/2017	Michael Bocian		17.18	Discus	19	M	25.61	Y	
15/02/2017	Christie Erenshaw		4.70	Discus F36	31	F	25.77	Y	
15/02/2017	Carl Heslop		16.94	Discus	31	M	22.87	Y	
15/02/2017	Brenda Painter		5.36	TripleJump	72	F	64.19	Y	
15/02/2017	Michael Bocian		9.49	TripleJump	19	M	53.58	Y	
15/02/2017	Carl Heslop		8.56	TripleJump	31	M	46.92	Y	
15/02/2017	Dan Smith		8.10	TripleJump	66	M	68.35	Y	
15/02/2017	Craig Robson		7.67	TripleJump	32	M	42.15	Y	
22/02/2017	Sabriel Denehy		5.93	Shotput	13	F	38.73	Y	
22/02/2017	Michael Bocian		7.21	Shotput	19	M	33.04	Y	
22/02/2017	Craig Robson		7.08	Shotput	32	M	30.62	Y	
22/02/2017	Christie Erenshaw		2.55	Shotput F36	31	F	53.91	Y	
22/02/2017	Annetta Ninnette		5.54	Shotput	54	F	36.50	N	Vis
22/02/2017	Carey Dickason		5.06	Shotput	66	F	42.92	Y	
22/02/2017	Craig Shiel		9.59	Shotput	62	M	55.74	Y	
22/02/2017	John Dickason		7.39	Shotput	66	M	48.59	Y	
22/02/2017	Dan Smith		7.63	Shotput	66	M	50.17	Y	
22/02/2017	Brenda Painter		5.47	Shotput	72	F	54.16	Y	Rec
22/02/2017	Sabriel Denehy		3.21	LongJump	13	F	54.59	Y	
22/02/2017	Michael Bocian		4.14	LongJump	19	M	47.73	Y	
22/02/2017	Craig Robson		3.46	LongJump	32	M	39.42	Y	
22/02/2017	Annetta Ninnette		2.18	LongJump	54	F	38.58	N	Vis
22/02/2017	Dan Smith		3.73	LongJump	66	M	65.95	Y	
22/02/2017	Brenda Painter		2.14	LongJump	72	F	51.56	Y	
22/02/2017	Sabriel Denehy	0.00:09.51		60m	13	F	76.81	Y	Rec
22/02/2017	Michael Bocian	0.00:08.53		60m	19	M	76.90	Y	
22/02/2017	Annetta Ninnette	0.00:10.99		60m	54	F	75.83	N	Vis
22/02/2017	Brenda Painter	0.00:10.99		60m	72	F	90.16	Y	Rec
22/02/2017	Christie Erenshaw	0.00:27.02		60m T36	31	F	52.43	Y	
22/02/2017	Annetta Ninnette	0.02:24.86		400m	54	F	41.69	N	Vis
22/02/2017	Brenda Painter	0.02:44.89		400m	72	F	45.70	Y	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Mem	Rec
22/02/2017	Dan Smith	0.12:20.57		3km	66	M	77.97	Y	Rec
22/02/2017	Sabriel Denehy	0.13:18.80		3km	13	F	67.74	Y	
22/02/2017	Mark Hills	0.13:41.00		3km	37	F	62.58	Y	
22/02/2017	Simon Fretton	0.15:09.23		3km	61	M	60.70	Y	
22/02/2017	Michael Bocian	0.15:51.28		3km	19	M	47.25	Y	
22/02/2017	John Dickason	0.16:26.41		3km	66	M	58.54	Y	
1/03/2017	Amber Ninyyette		1.05	HighJump	12	F	62.50	N	Vis
1/03/2017	Brenda Painter		0.90	HighJump	72	F	75.00	Y	
1/03/2017	Sabriel Denehy		1.15	HighJump	13	F	65.72	Y	
1/03/2017	Dan Smith		1.20	HighJump	66	M	72.49	Y	
1/03/2017	Carl Heslop		1.45	HighJump	31	M	60.18	Y	
1/03/2017	Craig Robson		32.26	Javelin	32	M	33.31	Y	
1/03/2017	Dan Smith		15.43	Javelin	66	M	26.45	Y	
1/03/2017	Christie Erenshaw		3.15	Javelin F36	31	F	22.52	Y	
1/03/2017	Craig Shiel		21.50	Javelin	62	M	33.70	Y	
1/03/2017	Carl Heslop		27.15	Javelin	31	M	27.80	Y	
1/03/2017	Amber Ninyyette		12.65	Javelin	12	F	29.54	N	Vis
1/03/2017	Carey Dickason		11.56	Javelin	66	F	31.73	Y	
1/03/2017	Brenda Painter		12.65	Javelin	72	F	40.75	Y	
1/03/2017	Carl Heslop	0.05:12.71		1500m	31	M	66.13	Y	
1/03/2017	Sabriel Denehy	0.05:53.02		1500m	13	F	71.07	Y	
1/03/2017	Carey Dickason	0.08:09.94		1500m	66	F	70.87	Y	Rec
1/03/2017	Amber Ninyyette	0.07:25.07		1500m	12	F	57.45	N	Vis
1/03/2017	Christie Erenshaw	0.01:55.9		200m T36	31	F	47.09	Y	
1/03/2017	Brenda Painter	0.00:47.75		200m	72	F	66.39	Y	
1/03/2017	Amber Ninyyette	0.00:39.03		200m	12	F	61.39	N	Vis
1/03/2017	Carl Heslop	0.00:29.41		200m	31	M	65.96	Y	
1/03/2017	Dan Smith	0.19:28.80		4km	66	M	67.14	Y	
1/03/2017	Ian Dougan	0.19:41.77		4km	62	M	64.04	Y	
1/03/2017	John Dickason	0.22:15.01		4km	66	M	58.78	Y	
8/03/2017	Sabriel Denehy	0.02:54.80		800m	13	F	71.50	Y	Rec
8/03/2017	Carey Dickason	0.04:16.15		800m	66	F	64.16	Y	
8/03/2017	Carl Heslop	0.19:05.75		5km	31	M	66.39	Y	
8/03/2017	Mark Hills	0.24:33.17		5km	37	F	59.94	Y	
8/03/2017	Dan Smith	0.22:53.04		5km	66	M	72.35	Y	
8/03/2017	Simon Fretton	0.26:38.29		5km	61	M	59.41	Y	
8/03/2017	Michael Bocian	0.29:41.68		5km	19	M	43.40	Y	
8/03/2017	Jasmine Heslop	0.29:52.24		5km	38	F	49.55	N	Vis
8/03/2017	Dan Smith	0.00:15.09		100m	66	M	80.39	Y	Rec
8/03/2017	Carl Heslop	0.00:14.68		100m	31	M	66.69	Y	
8/03/2017	Christie Erenshaw	0.00:49.23		100m T36	31	F	49.01	Y	
8/03/2017	Carey Dickason	0.00:23.04		100m	66	F	62.11	Y	
8/03/2017	Jasmine Heslop	0.00:18.07		100m	38	F	59.35	N	Vis
8/03/2017	Sabriel Denehy	0.00:15.76		100m	13	F	71.66	Y	
8/03/2017	Michael Bocian	0.00:14.28		100m	19	M	69.82	Y	
8/03/2017	Michael Bocian		9.17	TripleJump	19	M	51.78	Y	
8/03/2017	Jasmine Heslop		5.77	TripleJump	38	F	41.30	N	Vis
8/03/2017	Carl Heslop		8.33	TripleJump	31	M	45.66	Y	
8/03/2017	Dan Smith		8.25	TripleJump	66	M	69.62	Y	
8/03/2017	Sabriel Denehy		8.14	TripleJump	13	F	67.05	Y	
8/03/2017	Christie Erenshaw		5.03	Discus F36	31	F	27.58	Y	
8/03/2017	Michael Bocian		17.01	Discus	19	M	25.36	Y	
8/03/2017	Craig Shiel		28.62	Discus	62	M	45.25	Y	
8/03/2017	Carey Dickason		12.49	Discus	66	F	29.80	Y	
8/03/2017	Dan Smith		20.51	Discus	66	M	35.46	Y	
8/03/2017	Jasmine Heslop		9.94	Discus	38	F	13.91	N	Vis
8/03/2017	Carl Heslop		19.01	Discus	31	M	25.66	Y	
15/03/2017	Dan Smith	0.45:01.59		10km	66	M	76.75	Y	Rec
15/03/2017	Simon Fretton	0.26:21.75		5km	61	M	60.03	Y	
15/03/2017	Ian Dougan	0.27:43.59		5km	62	M	57.59	Y	
15/03/2017	John Dickason	0.27:43.77		5km	66	M	59.71	Y	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Mem	Rec
15/03/2017	Michael Bocian	0.00:08.66		60m	19	M	75.75	Y	
15/03/2017	Dan Smith	0.00:13.49		60m	66	M	59.59	Y	
15/03/2017	Adele Leahy	0.00:09.81		60m	36	F	70.54	N	Vis
15/03/2017	Sabriel Denehy	0.00:09.41		60m	13	F	77.62	Y	Rec
15/03/2017	Carey Dickason	0.00:14.64		60m	66	F	63.72	Y	
15/03/2017	Christie Erenshaw	0.00:29.01		60m T36	31	F	48.83	Y	
15/03/2017	Michael Bocian	0.01:18.35		400m	19	M	55.72	Y	
15/03/2017	Sabriel Denehy	0.01:16.52		400m	13	F	70.41	Y	
15/03/2017	Dan Smith	0.01:11.84		400m	66	M	77.09	Y	Rec
15/03/2017	Carey Dickason	0.01:54.57		400m	66	F	59.04	Y	
15/03/2017	John Dickason		7.52	Shotput	66	M	49.45	Y	
15/03/2017	Dan Smith		7.90	Shotput	66	M	51.94	Y	
15/03/2017	Michael Bocian		6.65	Shotput	19	M	30.48	Y	
15/03/2017	Carey Dickason		5.23	Shotput	66	F	44.36	Y	
15/03/2017	Craig Shiel		9.63	Shotput	62	M	55.98	Y	
15/03/2017	Christie Erenshaw		2.44	Shotput F36	31	F	51.59	Y	
15/03/2017	Adele Leahy		5.79	Shotput	36	F	27.57	N	Vis
15/03/2017	Sabriel Denehy		3.30	LongJump	13	F	56.12	Y	
15/03/2017	Michael Bocian		3.52	LongJump	19	M	40.58	Y	
15/03/2017	Carey Dickason		2.18	LongJump	66	F	46.88	Y	
15/03/2017	Dan Smith		3.72	LongJump	66	M	65.77	Y	
22/03/2017	Christie Erenshaw		3.50	Javelin F36	31	F	25.02	Y	
22/03/2017	Craig Robson		29.42	Javelin	32	M	30.38	Y	
22/03/2017	Carey Dickason		10.32	Javelin	66	F	28.33	Y	
22/03/2017	Dan Smith		13.95	Javelin	66	M	23.91	Y	
22/03/2017	Carey Dickason	0.00:50.28		200m	66	F	59.66	Y	
22/03/2017	Dan Smith	0.00:48.20		200m	66	M	51.84	Y	
22/03/2017	Christie Erenshaw	0.01:52.58		200m T36	31	F	48.47	Y	
22/03/2017	Mark Hills	0.00:55.17		200m	37	F	39.42	Y	
22/03/2017	Dan Smith	0.05:48.57		1500m	66	M	77.48	Y	
22/03/2017	Mark Hills	0.06:12.86		1500m	37	F	64.27	Y	
22/03/2017	Carey Dickason	0.08:16.13		1500m	66	F	69.99	Y	